NAME	Period
Self-Assessment (Plant Quiz)	
Write your quiz grade here:	
1. Approximately how much time did you spend preparing for this exam?	
a. no preparation b. only the review done in class c. 10-30 minutes	d. > 30 minutes
2. What did your test-preparation consist of? Check all that apply.	
<ul> <li>a. Rereading textbook section(s)</li> <li>b. Reviewing your class notes</li> <li>c. Solving self-created questions for practice</li> <li>e. Other</li> <li>(Please describe)</li> </ul>	
3. Now that you have looked over your graded quiz, review the questions you lost poi question numbers of incorrect responses according to the descriptions below.	nts on. Write down the
a. Lack of understanding of the concept	
b. Not knowing how to approach the question  c. Careless mistakes	
d. Other(Please describe)	
4. Based on your responses to the questions above, name at least two things you p preparing for the next exam. For instance, will you spend more time studying, change try a new one (if so, name it), try to sharpen some other skill (if so, name it), or something	a specific study habit or

5. What do you prefer teachers to do to help support your learning and your preparation for the next exam?

To encourage students to learn from past tests, faculty can assign a worksheet that asks students to look at more than the grade on the returned exam. "Exam wrappers direct students to review and analyze their performance (and the instructor's feedback) with an eye toward adapting their future learning" (Ambrose, et al, 2010).

Ambrose, S A., Bridges, M. W., DiPietro, M., Lovett, M. C. & Noman, M. K. (2010). *How learning works: seven research-based principles for smart teaching.* San Francisco: Jossey-Bass.